2022-11-04 to 2022-12-23

www.mazzola.ca

Phone: (819) 682-9978 or (613) 234-9978

Fax: QC (819) 682-8587 ON 1-866-450-7828

	Menu 1	Menu 2	Menu 3	Menu 4	Menu 5
Fri, 2022-11-04	Pizza quesadilla (pepperoni, cheese) Applesauce, biscuits	Spaghetti, beef sauce	Pita bread with homemade hummus Macaroni, cheese au gratin	Veggies and dip Mini pancakes with syrup Fruit yogurt	Chicken drumsticks, BBQ sauce, rice, veg. Vanilla biscuit
Mon, 2022-11-07	Mixed bean salad Grilled 3 cheese, vegetable sub	Chicken à la King on rice with vegetables	Pasta and vegetable salad Chicken quesadilla	Mini pasta shells, beef sauce Banana bread	Beef burger, roasted potatoes, veg. Banana bread
Fri, 2022-11-11	Fusilli, beef, vegetable sauce	Shepherd's pie	Multicolour salad (corn, beans, veg.) Chicken, vegetable wrap	Beef burger, roasted potatoes, veg. Oatmeal, chocolate biscuit	Mini spinach quiche Macaroni, cheese au gratin Oatmeal, chocolate biscuit
Mon, 2022-11-14	Mini pasta shells, beef sauce	Grilled ham, cheese submarine Applesauce, biscuits	Cheese and crackers Potato Gnocchi, rosé sauce	Roasted ham, pineapple, mashed potatoes Healthy brownie with black beans	Chicken burger, roasted potatoes, vegetables Healthy brownie with black beans
Mon, 2022-11-21	Chicken drumsticks, BBQ sauce, roasted potatoes, veg.	Shepherd's pie	Cheese and crackers Bowtie pasta, ham and cheese	Veggies and dip Mini pancakes with syrup Fruit yogurt	Pita bread with homemade hummus Macaroni, cheese au gratin Raspberry roll
Mon, 2022-11-28	Mini penne, rosée and basil sauce with chicken, gratiné	Shepherd's pie	Multicolour salad (corn, beans, veg.) English muffin with egg, ham and cheese	Chicken nuggets, mashed potatoes, vegetables Vanilla biscuit	Ceasar salad Lasagna, beef sauce Vanilla biscuit
Fri, 2022-12-02	Pizza quesadilla (pepperoni, cheese) Applesauce, biscuits	Macaroni, cheese au gratin	Quinoa, vegetable salad Chicken, veg. pot pie (4 inches)	Lasagna, beef sauce Vanilla biscuit	Chicken drumsticks, BBQ sauce, rice, veg. Vanilla biscuit
Mon, 2022-12-05	Mixed bean salad Grilled 3 cheese, vegetable sub	Chicken à la King on rice with vegetables	Pasta and vegetable salad Chicken quesadilla	Veggies and dip Mini pancakes with syrup Fruit yogurt	Beef burger, roasted potatoes, veg. Banana bread
Fri, 2022-12-09	Fusilli, beef, vegetable sauce	Shepherd's pie	Multicolour salad (corn, beans, veg.) Chicken, vegetable wrap	Beef burger, roasted potatoes, veg. Oatmeal, chocolate biscuit	Mini spinach quiche Macaroni, cheese au gratin Oatmeal, chocolate biscuit
Mon, 2022-12-12	Mini pasta shells, beef sauce	Grilled ham, cheese submarine Applesauce, biscuits	Cheese and crackers Potato Gnocchi, rosé sauce	Roasted ham, pineapple, mashed potatoes Healthy brownie with black beans	Chicken burger, roasted potatoes, vegetables Healthy brownie with black beans
Fri, 2022-12-16	Meatloaf, mashed potatoes, tomato sauce	Bowtie pasta, ham and cheese	Tabouleh salad Chicken à la King on rice with vegetables	Veggies and dip Mini pancakes with syrup Fruit yogurt	Ceasar salad Spaghetti with meatballs Oatmeal, chocolate biscuit
Mon, 2022-12-19	Chicken drumsticks, BBQ sauce, roasted potatoes, veg.	Macaroni, cheese au gratin	Mixed bean salad Roasted ham, pineapple, mashed potatoes	Fusilli, beef, vegetable sauce Raspberry roll	Veggies and dip Pizza quesadilla (pepperoni, cheese) Raspberry roll
Fri, 2022-12-23	Grilled croissant, turkey and cheese Applesauce, biscuits	Ground beef steak, brown sauce, veg. with mashed potatoes	Multicolour salad (corn, beans, veg.) Macaroni, cheese au gratin	Chicken drumsticks, BBQ sauce, roasted potatoes, veg. Oatmeal, chocolate biscuit	Chicken burger, roasted potatoes, vegetables Oatmeal, chocolate biscuit

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## www.mazzola.ca

Placing an order is simple, fast, and safe! It can be done on our website at www.mazzola.ca throughout the month. You can also send us your order by fax or email before the beginning of the month. In case you require a last minute order, for a small additional charge, we accept orders placed on line up to 7 A.M. of the day of the delivery.

If you have ordered a meal, and your child will be absent from school, you can cancel your order before 9:00 A.M. either through the web site, or by phoning us. If we cannot answer your call, leave a message stating the name of the child, of the school, the class and the day for which you are cancelling the meal. This will give you a credit for another meal. If you do not phone and your child is absent no credit will be possible. It is the parents' responsibility to use their credits any time they want. You can check your credits by going into our web site.

The meals are served in compostable containers. Most of the bread we use is made with whole wheat. We have meals for children with special needs: Menu ZZ1 is gluten free, Menu ZZ2 is gluten, dairy and egg free, Menu ZZ3 is Halal and Menu ZZ4 is vegan. You can find these menus at the very bottom of the list of school menus. The school makes a profit from each meal sold.

To order the ZZ menus you have to create a "second child" in your account. You have to click "ADD A CHILD". Afterwards, in the section "School" please select the ZZ menu you wish to have (from ZZ1 to ZZ4). In the section 'eating area" choose the name of the school. In this case it will be Greater Gatineau. Once you save your choices you can order a ZZ menu.

## **Greater Gatineau School**

L'Entreprise Mazzola

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Child's name:	
Class:	
Teacher's name:	
Parents' name:	
Telephone number:	

ſ	Menu 1	Menu 2	Menu 3	Menu 4	Menu 5
Ī	\$6.20	\$6.20	\$6.80	\$7.20	\$7.40
Fri, 2022-11-04					
Mon, 2022-11-07					
Fri, 2022-11-11					
Mon, 2022-11-14					
Mon, 2022-11-21					
Mon, 2022-11-28					
Fri, 2022-12-02					
Mon, 2022-12-05					
Fri, 2022-12-09					
Mon, 2022-12-12					
Fri, 2022-12-16					
Mon, 2022-12-19					
Fri, 2022-12-23					

 Menu 1 at	\$6.20	:\$	Please make your cheque payable to "L'Entreprise Mazzola".
 Menu 2 at	\$6.20	:\$	Unfortunately we cannot accept postdated cheques.  Note. Fee for NSF cheque: \$20.00
 Menu 3 at	\$6.80	:\$	
 Menu 4 at	\$7.20	:\$	
 Menu 5 at	\$7.40	:\$	
	TOTAL	:\$	

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Greater Gatineau School					
Payment by Credit Card	<b>#</b> :				
Name :	Visa				
Expiry Date :	Master Card				
Amount : \$					
Signature					