

**Greater Gatineau School**
**L'Entreprise Mazzola**
**2022-09-12 to 2022-10-31**
**Phone : (819) 682-9978 or (613) 234-9978**
**www.mazzola.ca**
**Fax : QC (819) 682-8587 ON 1-866-450-7828**

	Menu 1	Menu 2	Menu 3	Menu 4	Menu 5
Mon, 2022-09-12	Grilled 3 cheese, vegetable sub Applesauce, biscuits	Meatloaf, mashed potatoes, tomato sauce	Pasta and vegetable salad Chicken quesadilla	Mini pasta shells, beef sauce Healthy brownie with black beans	Beef burger, roasted potatoes, veg. Healthy brownie with black beans
Mon, 2022-09-19	Shepherd's pie	Grilled ham, cheese submarine Applesauce, biscuits	Cheese and crackers Potato Gnocchi, rosé sauce	Roasted ham, pineapple, mashed potatoes Banana bread	Chicken burger, roasted potatoes, vegetables Banana bread
Fri, 2022-09-23	Meatloaf, mashed potatoes, tomato sauce	Grilled ham, cheese submarine Applesauce, biscuits	Tabouleh salad Meat pie (4 inches)	Cobb salad (lettuce, chicken, egg, tomato) Raspberry roll	Cesar salad Spaghetti with meatballs Raspberry roll
Mon, 2022-09-26	Macaroni, cheese au gratin	Shepherd's pie	Cheese and crackers Bowtie pasta, ham and cheese	Veggies and dip Mini pancakes with syrup Fruit yogurt	Chicken drumsticks, BBQ sauce, roasted potatoes, veg. Carrot cake
Fri, 2022-09-30	Grilled croissant, turkey and cheese Applesauce, biscuits	Cheese tortellini, rosé sauce	Mini spinach quiche Macaroni, cheese au gratin	Chicken drumsticks, BBQ sauce, roasted potatoes, veg. Oatmeal, chocolate biscuit	Chicken burger, roasted potatoes, vegetables Oatmeal, chocolate biscuit
Fri, 2022-10-07	Pasta and vegetable salad Grilled ham, cheese submarine	Spaghetti, beef sauce	Pita bread with homemade hummus Macaroni, cheese au gratin	Tabouleh salad Grilled croissant, turkey and cheese Banana bread	Chicken drumsticks, BBQ sauce, rice, veg. Banana bread
Mon, 2022-10-17	Shepherd's pie	Grilled ham, cheese submarine Applesauce, biscuits	Cheese and crackers Potato Gnocchi, rosé sauce	Roasted ham, pineapple, mashed potatoes Banana bread	Chicken burger, roasted potatoes, vegetables Banana bread
Fri, 2022-10-21	Macaroni, cheese au gratin	Grilled ham, cheese submarine Applesauce, biscuits	Potato, vegetable salad Meat pie (4 inches)	Cobb salad (lettuce, chicken, egg, tomato) Raspberry roll	Cesar salad Spaghetti with meatballs Raspberry roll
Mon, 2022-10-24	Meatloaf, mashed potatoes, tomato sauce	Shepherd's pie	Garlic bread Chili con carne	Veggies and dip Mini pancakes with syrup Fruit yogurt	Chicken drumsticks, BBQ sauce, roasted potatoes, veg. Carrot cake
Fri, 2022-10-28	Grilled croissant, turkey and cheese Applesauce, biscuits	Cheese tortellini, rosé sauce	Garlic bread Mini pasta shells, beef sauce	Chicken drumsticks, BBQ sauce, roasted potatoes, veg. Oatmeal, chocolate biscuit	Chicken burger, roasted potatoes, vegetables Oatmeal, chocolate biscuit
Mon, 2022-10-31	Bowtie pasta, ham and cheese	Stew, meatballs, potatoes, vegetables	Tabouleh salad Chicken, vegetable wrap	English muffin with egg, ham and cheese Apple crisp	Mini spinach quiche Macaroni, cheese au gratin Apple crisp

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Placing an order is simple, fast, and safe! It can be done on our website at [www.mazzola.ca](http://www.mazzola.ca) throughout the month. You can also send us your order by fax or email before the beginning of the month. In case you require a last minute order, for a small additional charge, we accept orders placed on line up to 7 A.M. of the day of the delivery.

If you have ordered a meal, and your child will be absent from school, you can cancel your order before 9:00 A.M. either through the web site, or by phoning us. If we cannot answer your call, leave a message stating the name of the child, of the school, the class and the day for which you are cancelling the meal. This will give you a credit for another meal. If you do not phone and your child is absent no credit will be possible. It is the parents' responsibility to use their credits any time they want. You can check your credits by going into our web site.

The meals are served in compostable containers. Most of the bread we use is made with whole wheat. We have meals for children with special needs: Menu ZZ1 is gluten free, Menu ZZ2 is gluten, dairy and egg free, Menu ZZ3 is Halal and Menu ZZ4 is vegan. You can find these menus at the very bottom of the list of school menus. The school makes a profit from each meal sold.

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Child's name:

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Class:

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Teacher's name:

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Parents' name:

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Telephone number:

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	Menu 1	Menu 2	Menu 3	Menu 4	Menu 5
	\$6.20	\$6.20	\$6.80	\$7.20	\$7.40
Mon, 2022-09-12					
Mon, 2022-09-19					
Fri, 2022-09-23					
Mon, 2022-09-26					
Fri, 2022-09-30					
Fri, 2022-10-07					
Mon, 2022-10-17					
Fri, 2022-10-21					
Mon, 2022-10-24					
Fri, 2022-10-28					
Mon, 2022-10-31					

\_\_\_\_\_ **Menu 1** at **\$6.20** : .....\$

\_\_\_\_\_ **Menu 2** at **\$6.20** : .....\$

\_\_\_\_\_ **Menu 3** at **\$6.80** : .....\$

\_\_\_\_\_ **Menu 4** at **\$7.20** : .....\$

\_\_\_\_\_ **Menu 5** at **\$7.40** : .....\$

**TOTAL** : .....\$

Please make your cheque payable to "L'Entreprise Mazzola".  
Unfortunately we cannot accept postdated cheques.  
Note. Fee for NSF cheque: \$20.00

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Payment by Credit Card N# : \_\_\_\_\_

Name : \_\_\_\_\_ **Visa** \_\_\_\_\_

Expiry Date : \_\_\_\_\_ **Master Card** \_\_\_\_\_

Amount : \$ \_\_\_\_\_

Signature \_\_\_\_\_