

Centre de ressources

connexions
Resource Centre



ADHD & YOUTH **WELCOME TO THE** **NEURODIVERSE** **FAMILY!**

As parents and caregivers of a child (6-17) diagnosed with an Attention Deficit Hyperactivity Disorder (ADHD), it's important to understand both the strengths and challenges of an ADHD brain. Join us as we learn about some of the more common behavioural difficulties and share some tips, tricks and tools to help support your child and allow them to thrive despite their symptoms.

FEB 3
7:00 - 9:00 pm

*With Special Guest, Sophie-Hélène Matte, B.S.,
B.Ps.Ed., currently M. Sc. candidate, psychosocial
worker, research assistant and adult with ADHD*

Register at: centreconnexions.org
Questions? 819-557-0615 or info@centreconnexions.org

**Scan to
register!**



 **Fondation Lucie
et André Chagnon**

CHSN

The views expressed herein do not necessarily
represent the views of the CHSN.