

School menu

Mazzola

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mazzola.ca

Greater Gatineau School

2025-12-01 - 2026-01-30

	Cooki e	Menu 1	Menu 2	Menu 3	Menu 4	Menu Sans Gluten	Veg etab les
2025-12-01	Oatme al cookie, handm ade	Chicken, cheese and fine herbs sub	Bowtie pasta, creamy sauce with chicken, vegetables	Mini pancakes (3) with syrup (V) Fruit yogurt	Chicken nuggets, roasted potatoes, vegetables Raspberry roll	Gluten free pasta, tomato sauce (GF) (Vegan)	Veg gies and dip
2025-12-05	Oatme al cookie, handm ade	Chicken, cheese and fine herbs sub	Mini penne, rosée and basil sauce with chicken, gratiné	Shepherd's pie (GF)	Mixed bean salad Pizza quesadilla (turkey pepperoni, cheese) Marble cake	Mexican Bowl with vegetables, beans, rice (V) (GF)	Veg gies and dip
2025-12-08	Oatme al cookie, handm ade	Chicken, cheese and fine herbs sub	Scooby-doo pasta, vegetables, beef sauce	Grilled croissant, chicken and cheese Applesauce	Chicken drumsticks, honey garlic sauce, rice, vegetables Healthy brownie with black beans	Chana Aloo (chick peas, potatoes) with rice (Vegan) (Gluten free)	Veg gies and dip
2025-12-12	Oatme al cookie, handm ade	Chicken, cheese and fine herbs sub	Teriyaki chicken, vegetables, rice	Pasta and vegetable salad Grilled cheddar cheese sandwich (V)	Spaghetti with meatballs Apple Bread	Chana Aloo (chick peas, potatoes) with rice (Vegan) (Gluten free)	Veg gies and dip
2025-12-15	Oatme al cookie, handm ade	Chicken, cheese and fine herbs sub	Mini penne, rosée and basil sauce with chicken, gratiné	Shepherd's pie (GF)	Coleslaw Pizza quesadilla (turkey pepperoni, cheese) Marble cake	Gluten free pasta, tomato sauce (GF) (Vegan)	Veg gies and dip
2025-12-19	Oatme al cookie, handm ade	Chicken, cheese and fine herbs sub	Meatballs, sautéed vegetables, rice	Macaroni and cheese au gratin (V)	Chicken burger, roasted potatoes, vegetables Carrot Cake	Gluten free pasta, tomato sauce (GF) (Vegan)	Veg gies and dip
2026-01-09	Oatme al cookie, handm ade	Chicken, cheese and fine herbs sub	Bowtie pasta, creamy sauce with chicken, vegetables	Greek pasta salad (tomatoes, cucumbers, olives) Grilled ham, cheese submarine	Beef burger, roasted potatoes, vegetables Banana Bread	Gluten free pasta, tomato sauce (GF) (Vegan)	Veg gies and dip

	Cooke e	Menu 1	Menu 2	Menu 3	Menu 4	Menu Sans Gluten	Veg etab les
2026-01-12	Oatmeal cookie, handmade	Chicken, cheese and fine herbs sub	Meatball, cheese sub	Macaroni and cheese au gratin (V)	Chicken drumsticks, BBQ sauce, vegetables and rice Carrot Cake	Mexican Bowl with vegetables, beans, rice (V) (GF)	Veggies and dip
2026-01-16	Oatmeal cookie, handmade	Chicken, cheese and fine herbs sub	Bowtie pasta, creamy sauce with chicken, vegetables	Mini pancakes (3) with syrup (V) Fruit yogurt	Chicken nuggets, roasted potatoes, vegetables Raspberry roll	Gluten free pasta, tomato sauce (GF) (Vegan)	Veggies and dip
2026-01-19	Oatmeal cookie, handmade	Chicken, cheese and fine herbs sub	Vegetarian chili with rice (V)	Greek pasta salad (tomatoes, cucumbers, olives) Grilled ham, cheese submarine	Spaghetti with meatballs Banana Bread	Chicken, sautéed vegetables, rice (GF)	Veggies and dip
2026-01-26	Oatmeal cookie, handmade	Chicken, cheese and fine herbs sub	Mini pasta shells, beef sauce	Mini pancakes (3) with syrup (V) Fruit yogurt	Chicken nuggets, roasted potatoes, vegetables Raspberry roll	Chicken, sautéed vegetables, rice (GF)	Veggies and dip
2026-01-30	Oatmeal cookie, handmade	Chicken, cheese and fine herbs sub	Mini penne, rosée and basil sauce with chicken, gratiné	Shepherd's pie (GF)	Coleslaw Pizza quesadilla (turkey pepperoni, cheese) Marble cake	Gluten free pasta, tomato sauce (GF) (Vegan)	Veggies and dip