



Greater Gatineau Home and School Association
would like to invite you to

Family Yoga Night with Samantha

Friday, April 5, 2024, 6:00 pm – 7:00 pm
\$5.00 per person

Family Yoga will be hosted by a certified fitness/yoga instructor
Equipment needed:

- Yoga Mat (some extras are available if needed)
- Water Bottle

Space is limited to 40 participants, register early to avoid disappointment

****Parents must accompany their child****

Deadline for registration and payment
is **Wednesday, April 3, 2024**

**Payment is due the same time as you
register**

Registration: Google form – visit our
Facebook page for link or use your
wireless phone to scan the QR code

Payment: e-transfer to
gghomeandschool@gmail.com

