

School menu

Mazzola

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mazzola.ca

Greater Gatineau School

2025-11-03 - 2025-11-28

	EXT RA	MENU 1	MENU 2	MENU 3	MENU 4	SANS GLUTEN
2025-11-03	Veggi es and dip	Turkey, cheese and fine herbs sub	Rice, sautéed vegetables, meatballs	Greek pasta salad (tomatoes, cucumbers, olives) Grilled ham, cheese submarine	Chicken nuggets, roasted potatoes, vegetables Raspberry muffin	Gluten free pasta, tomato sauce (GF) (Vegan)
2025-11-14	Veggi es and dip	Turkey, cheese and fine herbs sub	Macaroni, beef sauce gratiné	Chicken drumsticks, BBQ sauce, rice, veg. (GF)	Mixed bean salad Tacos (2), breaded chicken, cabbage, cheese Banana Bread	Mexican Bowl with rice, veg. and beans (V) (GF)
2025-11-17	Veggi es and dip	Turkey, cheese and fine herbs sub	Rice, sautéed vegetables, meatballs	Greek pasta salad (tomatoes, cucumbers, olives) Grilled ham, cheese submarine	Chicken nuggets, roasted potatoes, vegetables Raspberry muffin	Gluten free pasta, tomato sauce (GF) (Vegan)
2025-11-21	Veggi es and dip	Turkey, cheese and fine herbs sub	Mini penne, rosé sauce (V)	Chicken drumsticks, honey garlic sauce, rice, vegetables (GF)	Pasta and vegetable salad Pizza quesadilla (turkey pepperoni, cheese) Marble cake	Mexican Bowl with rice, veg. and beans (V) (GF)
2025-11-24	Veggi es and dip	Turkey, cheese and fine herbs sub	Rice, sautéed vegetables, meatballs	Macaroni, cheese au gratin (V)	Mixed bean salad Tacos (2), breaded chicken, cabbage, cheese Carrot Cake	Gluten free pasta, tomato sauce (GF) (Vegan)